**Safe Routes Social Kit Post Copy**



- Have you heard about the new Walk & Roll Challenge from @SafeRoutesUtah? Starting Sept. through May, students who walk or bike to school are entered to win sweet prizes, like bikes, scooters and helmets each month. Visit SafeRoutes.utah.gov/Walk-N-Roll for more information.

**Link:** SafeRoutes.utah.gov/Walk-N-Roll



- The @SafeRoutesUtah Walk & Roll Challenge starts Sept. 3. How can you and your student get involved? Simply walk or bike to school to be eligible to win sweet prizes. Visit SafeRoutes.utah.gov/Walk-N-Roll to learn more.

**Link:** SafeRoutes.utah.gov/Walk-N-Roll



- Have you heard of the @SafeRoutesUtah Walk & Roll Challenge? It encourages walking and biking that promotes improved learning, developing healthy habits and reducing air pollution. What are you waiting for? Let's get rolling! Visit SafeRoutes.utah.gov/Walk-N-Roll to learn more.

**Link:** SafeRoutes.utah.gov/Walk-N-Roll



- Hey Mom and Dad, if your student is participating in the @SafeRoutesUtah Walk & Roll Challenge, don't forget to track and submit their progress before the last day of the month. The more you walk, bike or roll, the greater chance you and your kiddo will have the chance to win sweet prizes.

**Link:** SafeRoutes.utah.gov/Walk-N-Roll



- Hey Parents, keep motivating your kids to walk or bike to school during the @SafeRoutesUtah Walk & Roll Challenge - record their progress monthly and increase their chances at winning sweet prizes like bikes, scooters, helmets and more! Don't forget to submit their efforts before the last day of the month. Visit SafeRoutes.utah.gov/Walk-N-Roll to log the days they walk or bike to school.

**Link:** SafeRoutes.utah.gov/Walk-N-Roll



- Parents, did you know that children who walk to school have been found to be more alert in the classroom? Continue walking or biking with your children during the @SafeRoutesUtah Walk & Roll Challenge and make sure to input your progress using the chart at SafeRoutes.utah.gov/Walk-N-Roll.

**Link:** SafeRoutes.utah.gov/Walk-N-Roll



- Does your student love walking or riding their bike to and from school? Enter them in the @SafeRoutesUtah Walk & Roll Challenge, where they can win sweet prizes each month from Sept. through May for walking or biking to school. Even better, now parents are entered to win prizes the more their kids walk or bike to school. Visit SafeRoutes.utah.gov/Walk-N-Roll to learn more.

**Link:** SafeRoutes.utah.gov/Walk-N-Roll



- Hey Parents, participate in the @SafeRoutesUtah Walk & Roll Challenge and skip the morning traffic to spend more quality time walking or biking with your kids to school. The more you and your student get moving using active transportation, the greater your chances of winning sweet prizes like bikes, scooters and helmets! Visit SafeRoutes.utah.gov/Walk-N-Roll to learn more.

**Link:** SafeRoutes.utah.gov/Walk-N-Roll



- Hey Mom and Dad, DYK: When your child walks or rides their bike to school it helps improve their focus and academic performance? This month remember to track your student's progress during the @SafeRoutesUtah Walk & Roll Challenge. Learn how to teach your student healthier habits by going to SafeRoutes.utah.gov/Walk-N-Roll.

**Link:** SafeRoutes.utah.gov/Walk-N-Roll